



**Monday, July 1, 2024**

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Chicken Caesar Penne Pasta</b>	<b>\$8.00</b>
<b>Vegetable</b>	<b>0</b>	
<b>Sides</b>	<b>Garlic Parmesan Roll</b>	
	<i>Chicken Caesar Penne Pasta with Tomato, Kalamata Olive, Onion &amp; Spinach. Topped with Feta and Parmesan. Served with Garlic Parmesan Roll. CONTAINS: WHEAT, EGG, DAIRY, FISH</i>	
<b>Soup</b>	<b>Thai Curried Squash Sweet Corn, Jalapeno &amp; Bacon Chowder</b>	<b>Cup \$2.95</b>

**Tuesday, July 2, 2024**

<b>Breakfast Special</b>	<b>Assorted Breakfast Burritos 770-1010 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Bulgogi Beef Bowl</b>	<b>\$8.00</b>
<b>Vegetable</b>	<b>Kimchi</b>	
<b>Sides</b>	<b>Sushi Rice</b>	
	<i>Sushi Rice topped with Asian Marinated Flank Steak, Kimchi, Boiled Egg, Cucumber, Carrot, Green Onion, Cilantro, Spicy Mayo, &amp; Sesame Seeds CONTAINS: WHEAT, EGG, FISH, SESAME, SOY</i>	
<b>Soup</b>	<b>Navy Bean &amp; Ham Thai Curried Squash</b>	<b>Cup \$2.95</b>

**Wednesday, July 3, 2024**

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Swedish Meatballs</b>	<b>\$8.00</b>
<b>Vegetable</b>	<b>Garlic Green Bean</b>	
<b>Sides</b>	<b>Egg Noodle</b>	
	<i>Beef Meatballs &amp; Mushrooms in a Rich Sour Cream Sauce. Served over Egg Noodles. CONTAINS: WHEAT, EGG, SOY, DAIRY, FISH</i>	
<b>Soup</b>	<b>Chicken Noodle Navy Bean &amp; Ham</b>	<b>Cup \$2.95</b>

**Thursday, July 4, 2024**

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Independence Day Holiday Meal 11:00-1:00</b>	<b>\$8.00</b>
<b>Vegetable</b>	<b>BBQ Chicken &amp; Assorted Sides</b>	
<b>Sides</b>	<b>0</b>	
	<i>Free for working staff. Night shift meals provided.</i>	
<b>Soup</b>	<b>0</b>	<b>Cup \$2.95</b>
	<b>0</b>	

**Friday, July 5, 2024**

<b>Breakfast Special</b>	<b>Assorted Breakfast Sandwiches 330-650 cal</b>	<b>\$5.00</b>
	<i>Cuisine Express Grab &amp; Go</i>	
<b>The Market</b>	<b>Fish &amp; Chips</b>	<b>\$8.00</b>
<b>Vegetable</b>	<b>Coleslaw</b>	
<b>Sides</b>	<b>Sidewinders</b>	
	<i>House Battered and Fried Fresh. Served w/ Tartar Sauce &amp; Lemon CONTAINS: FISH, EGG, WHEAT, DAIRY, SOY</i>	
<b>Soup</b>	<b>Clam Chowder Chicken Noodle</b>	<b>Cup \$2.95</b>